

Registration Form

Name(s) _____

Address _____

Phone(s) _____

Email _____

Dietary Restrictions: _____

Female Male Limited mobility (call before registering)

_____ x \$275 (double occupancy – before 4/30/08) _____

_____ x \$290 (double occupancy) _____

_____ x \$360 (single, if available – before 4/30/08) _____

_____ x \$375 (single, if available) _____

Total _____

Pay by: check (Make payable to Murray Grove Association)

credit card (circle one) Visa Mastercard

Card #: _____ / _____ Exp: _____ / _____

Name on card (please print) _____

Billing address (if different than above) _____

Registration by phone also possible with credit card.

Ways to the Spirit

*A Weekend of
Spiritual Practice
for Unitarian Universalists*



Are you seeking a more spiritual life?

Would you like more balance in your life?

Or would you just like some time away to
deepen your inner connections?

July 11-13, 2008

Friday Evening through Sunday Lunch

Murray Grove Retreat and Conference Center
PO Box 246, Lanoka Harbor, NJ, 08734
609-693-5558 • murraygrove@murraygrove.org
www.murraygrove.org

Join us in a variety of spiritual practices,
presented in a
Unitarian Universalist context:

- prayer
- meditation
- art
- music
- movement
- yoga
- reiki
- labyrinth walking
- silence*
- spiritual direction

All designed to help you get in touch
with the spirit within.

*Participants may choose either a limited or
extended silence program.

**Leaders: Rev. Karen Foley,
Rev. Craig Hirshberg,**

Our leaders are both ordained Unitarian Universalist ministers and have completed the Spiritual Direction program at the Shalem Institute in Washington, D.C.

The cost of the program is \$290
double occupancy, including meals;
\$375 single occupancy when available.
A discounted price of \$275 double occupancy, \$360
single occupancy when available,
will apply if registration is received
before April 30, 2008.

Upon registration, directions and additional
information about the Ways to the Spirit Retreat
will be sent to you directly. (Please specify postal or
email communication preferences.)

